



“Integrity and Responsibility” is a core value of the Texas Lottery Commission and that includes educating our players, retailers and general public about responsible gaming.

The Texas Lottery Commission Charitable Bingo Operations Division regulates charitable bingo games that are designed to be entertainment and we encourage our customers to play responsibly. For some people gambling can become a problem. If you or someone you know has a gambling problem, we provide the helpful resources listed below as a public service for having the conversation.

National Council on Problem Gambling
ncpgambling.org

24-Hour Confidential Helpline
800-522-4700

Texas Council on Problem Gambling
facebook.com/texasCouncilonProblemGambling
twitter.com/txprobgambling

Gamblers Anonymous
gamblersanonymous.org

Austin **512-860-2958**
Dallas **214-890-0005**
Fort Worth **817-371-0624**
Houston **855-442-7105**
San Antonio **210-705-4429**

Gam - Anon
gam-anon.org

For family and friends of compulsive gamblers
718-352-1671

National Center for Responsible Gaming
ncrg.org

WHAT ARE THE SIGNS OF A GAMBLING PROBLEM?

There is no physical test that indicates gambling behavior, but here are some signs to look for:

- ✓ Borrows money to cover gambling debts
- ✓ Gambles when feeling bored or distressed
- ✓ Lies to family and friends about gambling
- ✓ Tries to win back money lost
- ✓ Is often preoccupied with gambling
- ✓ Loses interest in other activities
- ✓ Is argumentative or defensive about gambling behavior
- ✓ Is absent for long periods of time
- ✓ Goes without basic needs in order to gamble

Source: National Council on Problem Gambling, 2016

The Texas Lottery Commission is a member of the **National Council on Problem Gambling**, the **North American Association of State and Provincial Lotteries** and the **World Lottery Association** and actively supports the problem gambling initiatives of these organizations.



txbingo.org / 800-246-4677

This information is provided as a public service.

PLAY RESPONSIBLY.