“Integrity and Responsibility” is a core value of the Texas Lottery Commission and that includes educating our players, retailers and general public about responsible gaming.

The Texas Lottery Commission Charitable Bingo Operations Division regulates charitable bingo games that are designed to be entertainment and we encourage our customers to play responsibly. For some people gambling can become a problem. If you or someone you know has a gambling problem, we provide the helpful resources listed below as a public service for having the conversation.

**National Council on Problem Gambling**
ncpgambling.org
24-Hour Confidential Helpline
800-522-4700

**Texas Council on Problem Gambling**
facebook.com/texascouncilonproblemgambling
twitter.com/txprobgambling

**Gamblers Anonymous**
gamblersanonymous.org
Austin 512-860-2958
Dallas 214-890-0005
Fort Worth 817-371-0624
Houston 855-442-7105
San Antonio 210-705-4429

**Gam-Anon**
gam-anon.org
For family and friends of compulsive gamblers
718-352-1671

**National Center for Responsible Gaming**
ncrg.org
WHAT ARE THE SIGNS OF A GAMBLING PROBLEM?

There is no physical test that indicates gambling behavior, but here are some signs to look for:

- Borrows money to cover gambling debts
- Gambles when feeling bored or distressed
- Lies to family and friends about gambling
- Tries to win back money lost
- Is often preoccupied with gambling
- Loses interest in other activities
- Is argumentative or defensive about gambling behavior
- Is absent for long periods of time
- Goes without basic needs in order to gamble


The Texas Lottery Commission is a member of the National Council on Problem Gambling, the North American Association of State and Provincial Lotteries and the World Lottery Association and actively supports the problem gambling initiatives of these organizations.

txbingo.org / 800-246-4677

This information is provided as a public service.

PLAY RESPONSIBLY.